

1 Patient Information

Patient Name: _____ Male Female DOB: ____ / ____ / ____

Address: _____ City/State/Zip: _____

Phone: _____ Alt Phone: _____

Primary Ins: Medicare Commercial Plan: _____ ID #: _____

Nationally Accepted Insurances: Humana, Medicare, Tricare, BCBS, Aetna, Coventry, Cigna & Medicare Advantage Plans

Secondary Ins: _____ ID #: _____

Weight: _____ lbs Height: _____ FT _____ IN Neck Circumference: _____ IN BMI: _____

Ordering Physician: _____ NPI: _____

Phone: _____ Fax: _____ Email: _____

Local DME Supplier: _____

Phone: _____ Fax: _____ Email: _____

2 Face-to-Face Clinical Exam: Required to be documented in patient's medical record.

Sleep History & Symptoms: **(Check ALL that are applicable)**

- Snoring Daytime Sleepiness Observed Apneas Choking or Gasping during Sleep Morning Headaches
- Tired/Fatigued Other (Describe Nature): _____

Focused CardioPulmonary & Upper Airway Evaluation: **(Check ALL that are applicable)**

- Large Tongue Enlarged Tonsils Large Uvula Overbite Under bite Crowded Oropharynx
- Worn Teeth Nasal Obstruction Hypertension Obesity Other (Describe Nature): _____

Epworth Sleepiness Scale: **How likely are you to doze off or fall asleep in the following situations, in contrast to feeling just tired?**

- 0 – **NO** chance of dozing 1 – **SLIGHT** chance of dozing 2 – **MODERATE** chance of dozing 3 – **HIGH** chance of dozing
- ____ Sitting & Reading ____ In car stopped in traffic for few mins. ____ Sitting inactive in public ____ Lying down to rest in afternoon
- ____ Watching TV ____ Passenger in Car for hour w/o break ____ Sitting quietly after lunch w/o alcohol ____ Sitting & Talking

Epworth Score: _____ **(Normal Epworth Score is considered below 8)**

3 Prescription for Diagnostic Procedure

Diagnosis: **(At least one to be checked)**

- G47.30 – Unspecified Sleep Apnea G47.33 – Obstructive Sleep Apnea (Use this for suspected or to confirm OSA)
- G47.10 – Hypersomnia, unspecified R09.02 – Hypoxemia

Home Sleep Test: G0399 – Home Sleep Test on Room Air (Type III Portable Monitor, minimum of four channels) One Night Two Night

Physician Certification I, the undersigned, certify that I have completed the requirements according to CMS guidelines prior to ordering this Home Sleep Test for the patient noted above. I further agree that this order is not for screening purposes of an asymptomatic patient and understand that CMS coverage guidelines require a **face – to – face evaluation**, relating to section two above, must be documented in the patient's medical chart prior to a HST is ordered. **By signing below, I find that it is medically necessary to have this Home Sleep Test completed.**

Signature: _____ Date: ____ / ____ / ____

4 FAX COMPLETED FORM WITH INSURANCE CARD(S) TO ADSI AT (727) 264-2117